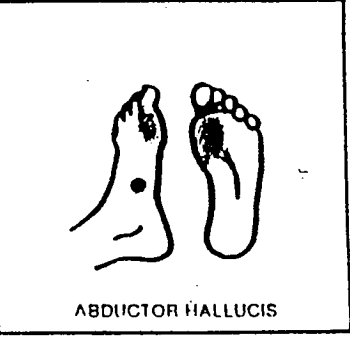
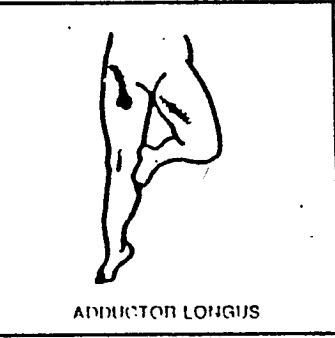
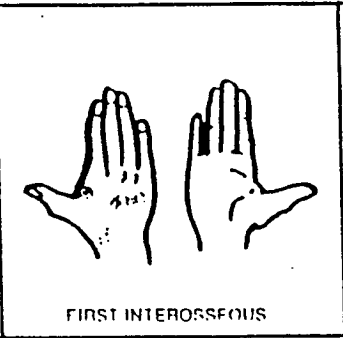
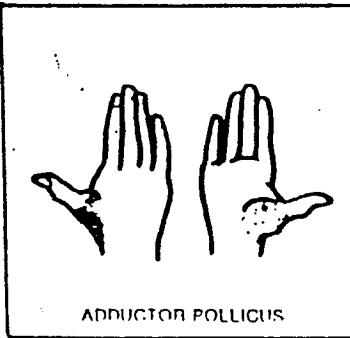
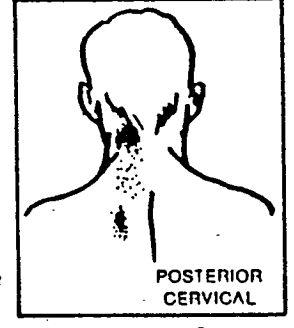
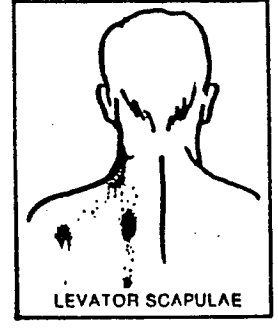
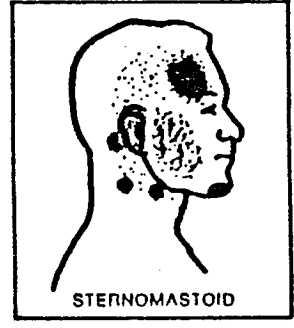
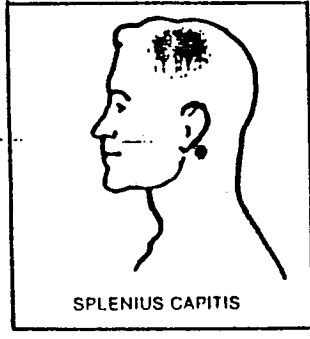
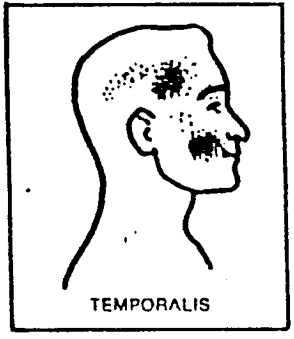
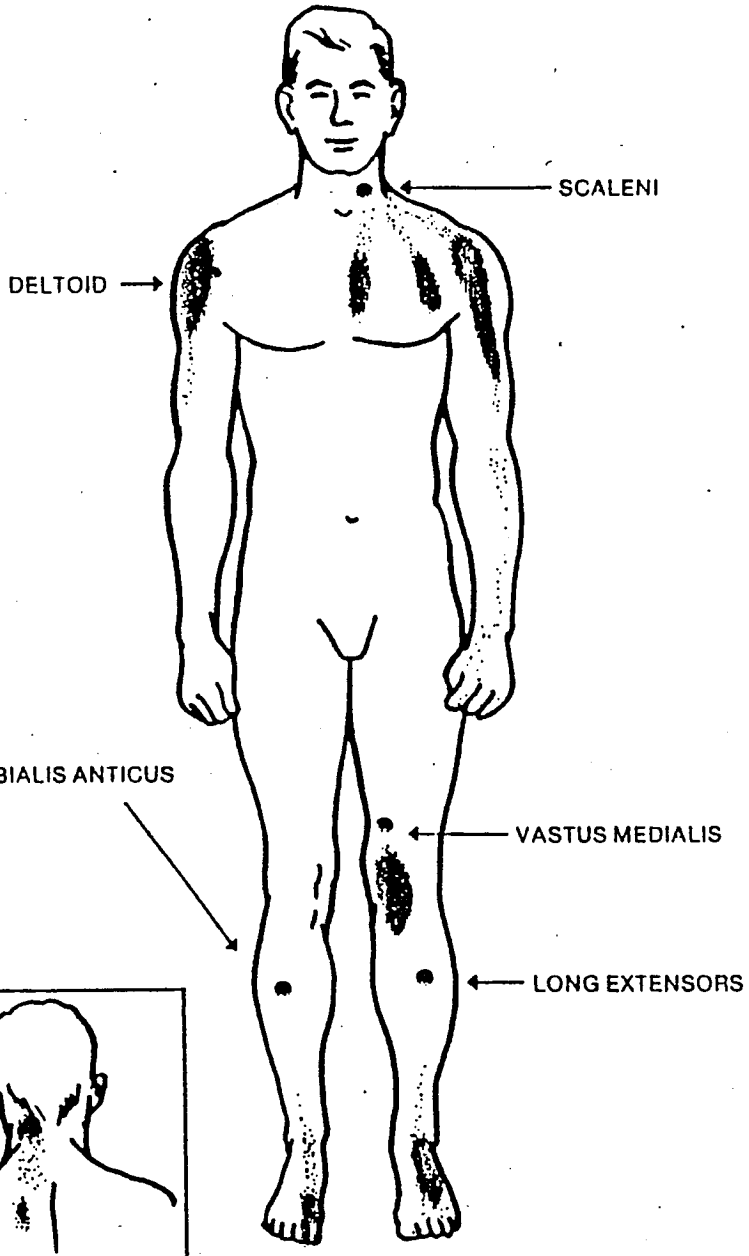
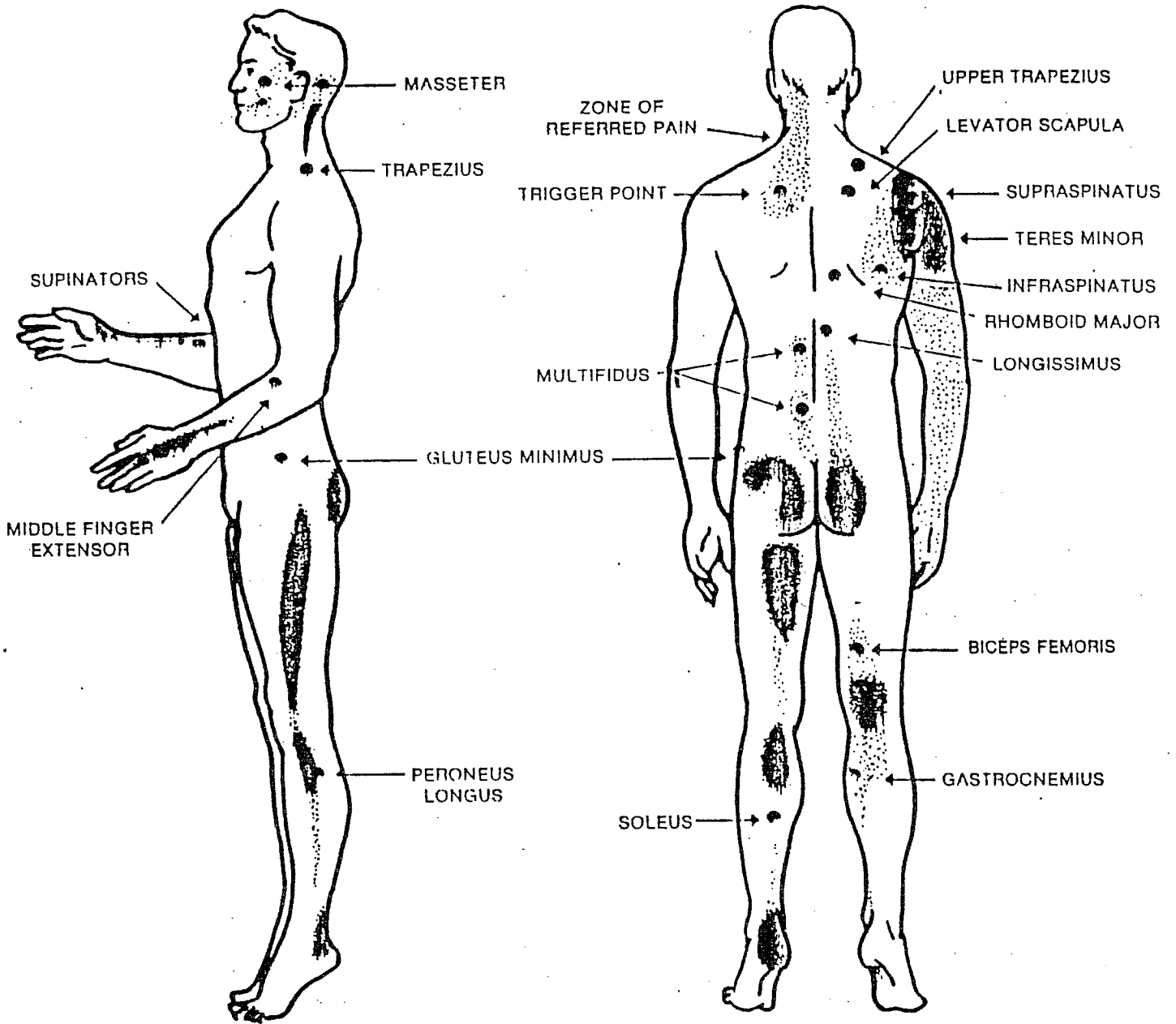


# Trigger Points/Pain Patterns

"TRIGGER-POINTS" are small areas of localized sensitivity and pain found in muscles and connective tissue. They may be produced by trauma, can be a result of chronic strain or may be developed as a result of stress from functional daily activities or postural habits. Though local in nature, reports in the literature indicate the discomfort may be referred through the autonomic nerve fibers to other areas of the body (so-called "referred pain").

These areas may be palpated with finger-tip pressure, located by using the eraser end of a pencil, or by means of electrical currents. It has been suggested the combination of electrical stimulation and ultrasound is beneficial in both locating and treating those involved areas. A tetanizing current within comfortable intensity range of the patient is normally used for both location and treatment, offering "massage-like" contraction to the muscles where it is applied. Articles of reference are listed. The application is widespread and successful treatments have been reported in both acute and chronic conditions.

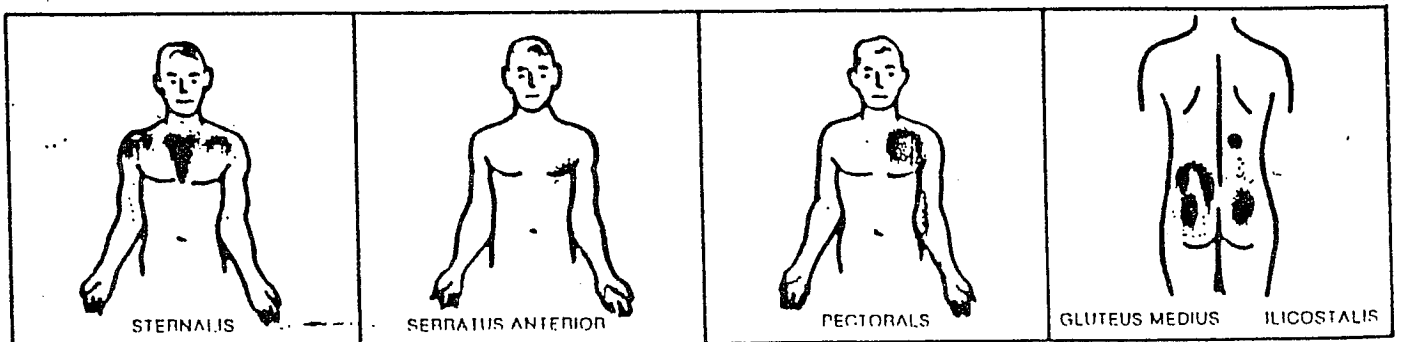


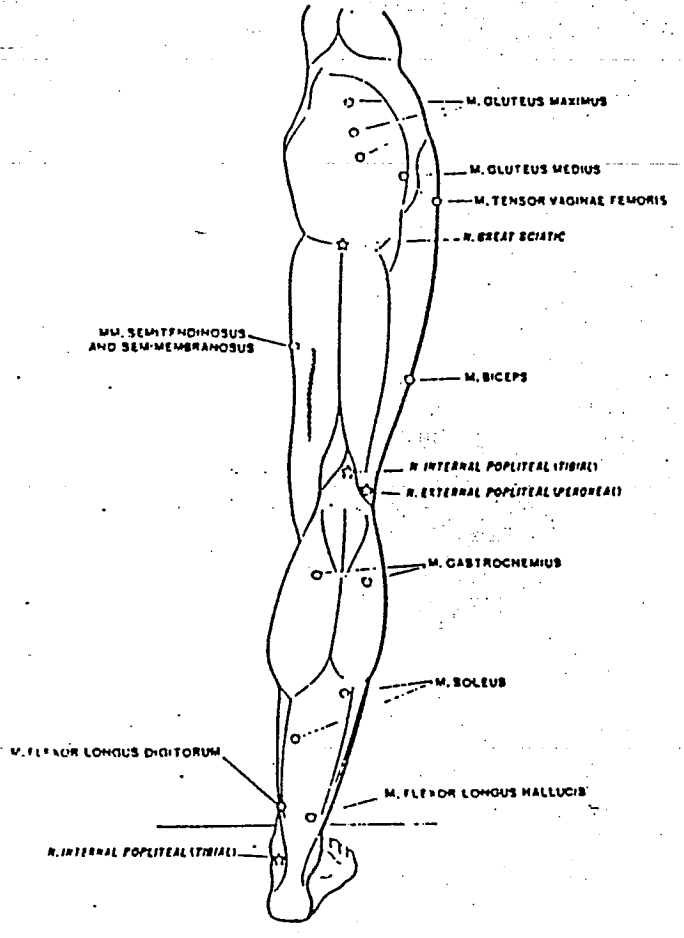
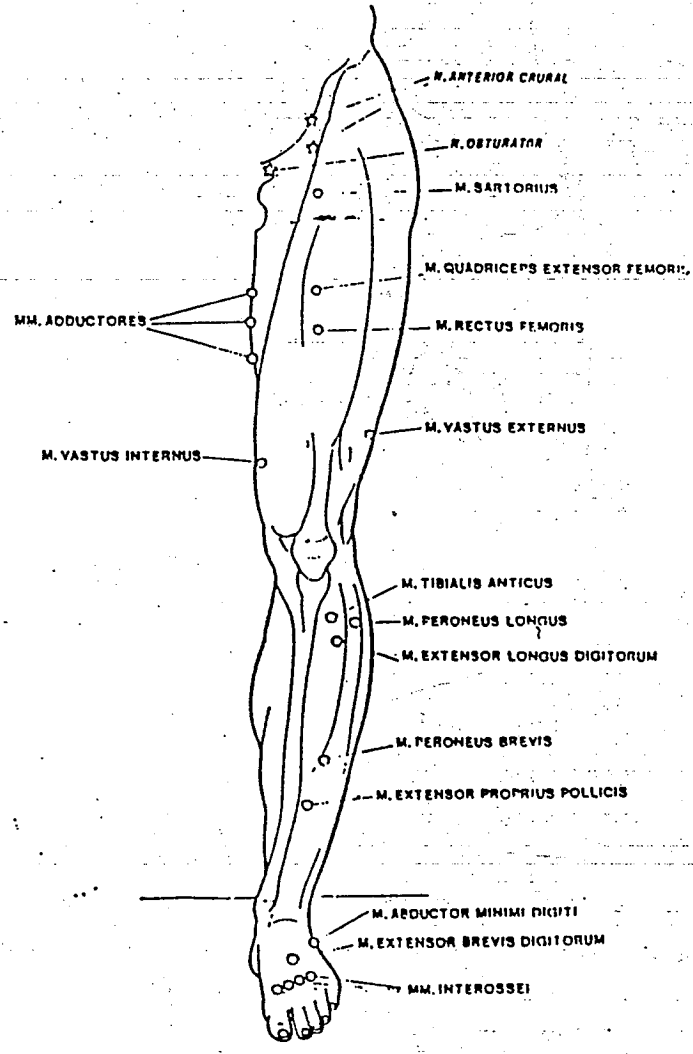
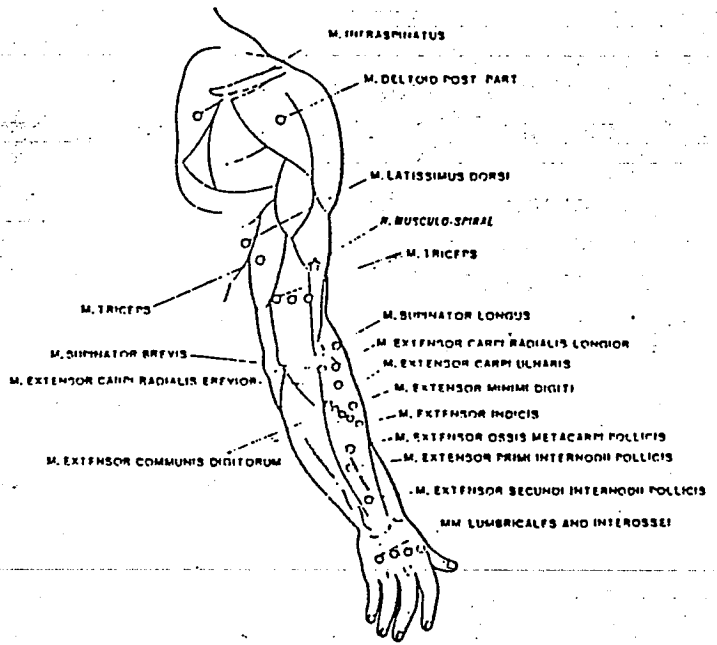
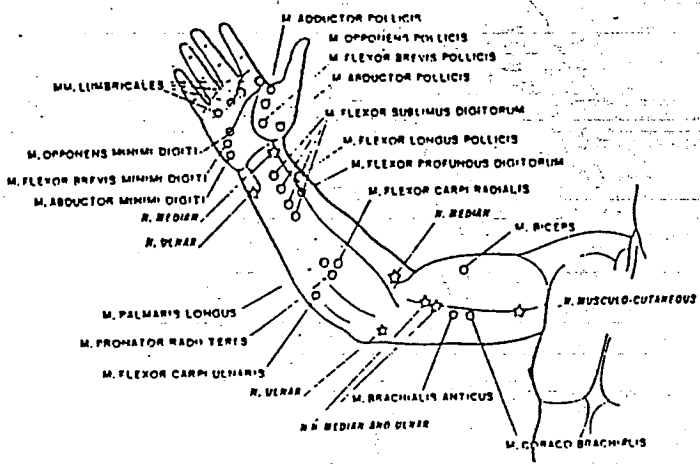


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M = Muscle  
 N = Nerves

# Chart of Motor Points

**MOTOR POINT:** It is a point at which the muscle is most easily excited with a minimum amount of electrical stimulation and is usually located about the center of the muscle mass at a point where the motor nerve enters the muscle. This point may vary between patients or with the same patient depending upon the pathology. The accompanying charts are supplied as guides.

